SFAC Winter Meeting #1
1/9/15 11:00AM-1:00PM
PC West Bear Room

Call to Order

Present: Paul Tchir, Jackie Markt-Maloney, Prasad Radhakrishna, Mihiri Ukuwela, Ellen Kim, Andrew Thai, Ashraf Ramzy Beshay, Darlene Nguyen, Mukanth Vaidyanathan, Ivan Evans, William McCarroll, Sylvia Lepe-Askari, John Hughes, Paola Badilla

Absent: Akshay Tangutur, Jennifer Huerta, Norienne Saign

Presentation: Student Health Cluster

1) Moved to the health system, unlike Recreation
2) To promote a culture of health and well-being
3) Well-being cluster student advisory board, program committee and peer education, CAPS, SARC
4) Impediments to academic success: stress, etc.
5) 8 dimensions of well-being: physical, also financial, spiritual
6) Continuum of health: no symptoms is not the same as optimal well-being, e.g. strong coping skills to help students flourish
7) Public health approach: tiered where top of pyramid represents 1-on-1 support (such as direct counseling), then middle tier is targeted outreach/education, then base of pyramid is population-based intervention
8) Goals and principles: student-centered, comprehensive, research-based
9) Cluster resources: 51% from SSF, 25% from income/SHS
10) Health insurance recently mandated for UCSD students
11) CAPS: focus on brief psychotherapy (10-12 sessions) which is shown to resolve most issues, also prevention services and outreach
12) Training and peer education, success of students teaching students
13) SARC: best practice program within the UC system, available 24/7, key in developing bystander intervention approach on campus
14) The Zone: idea of "snack sized wellness," backrubs, crafts, workouts, intro to health for students
15) Q&A
    a) Bill: Relationship between Health Services and Recreation?
        i) Recreation did not shift to a different system
    b) Paul: Vision for the future?
        i) To shore up resources for mental health, part of a system-wide committee for mental health, part of a system-wide committee for mental health, need greater than capacity for mental health services; beginning campus-wide approach to student health, looking at physical structures; (not with SSF) want to expand services like urgent care to staff and faculty; want to be careful that SSF-funded services are exclusively for students (not an issue currently, but it's important to watch out for because the cluster is in the health system)
        ii) Two-week wait for counseling, 38% increase in hospitalizations, increased suicidal and psychotic behaviors; focus on developing resiliency, coping skills (those most at

> risk are the ones who have to wait, risky because they will come to us when the situation is already dire)

    c) John: There is an increase in police will lead to an increase in arrests, could this be a similar situation where an increase in the health staff and heightened ability to identify issues is showing an increase in health concern numbers? What are the causes of these increased numbers?

        i) Better identification of illnesses, less stigma, more effective medications allow students to go to UCSD but when they get here they might stop taking, important for students to have a support system like in high school, need for skill building (problem solving, resiliency)

    d) Prasad: What is OQ-45?

        i) Depicts increase in flourishing, only health service center to do research in collecting data

Presentation: Career Services (integrated with alumni and community engagement)

1) Exciting time nationally and UC-wide and at UCSD for career services
2) Centralized career services center, highly utilized, but high counselor to student ratio compared to other UCs
3) Job and professional school fairs, Port Triton (10-15k users) individual counseling, bring interviewers to campus
4) Tied together – students who succeed will be effective alumni
5) Focus: industry engagement (corporations like visa with many UCSD alumni want to work with UCSD, come to job fairs), coaching/advising (implementing new models and approaches, strategic use of career peers, currently 8 trained career peers), alumni involvement
6) Early outcomes: data, improved NPS (Net Promoter Score, promoter to student ratio) based on student feedback requesting more promoters relevant to needs
7) Strengths: increasing numbers of prepared students and employment opportunities
8) Intern readiness program: not funded by SFAC last year, but moving forward with a limited pilot program
9) Health professions advising initiative: funded last year, looking promising
10) Funding: 16% from student affairs
11) President Napolitano interested in career services (especially looking at ways of expanding like to grad students, preparing students for internships)
12) Q&A:

    a) How is entrepreneur program different from existing programs?

        i) Collaborations e.g. With writing center; unique in that students don't have to already have an idea to start learning about whether they want to pursue entrepreneurship; basement program rolling out in February

    b) Mukanth: Priorities for last year and this year?

        i) Create peer programs like job shadowing, internship readiness, expanding peer program

    c) Mukanth: Value of creating new programs vs. expanding existing programs?

        i) More programming is needed

    d) John: 22k unique students have registered or used services of the 35k on campus?

        i) Yes.

e) John: Are things improving because of the economy or CSC actions?
   i) Probably both, developing relationships with corporations and improving systematic approaches
f) Sylvia: new alumni partnerships? (Ask alumni to visit, sit on panels, etc to get the ball rolling.) How is Napolitano planning to proceed or take action?
   i) Workgroups have been created, first meeting was informational but action items will become more concrete after follow-up meeting in summer, she wants to better utilize alumni

Presentation: Athletics

1) Nora Bodrian from the business office, Director of Athletics Earl Edwards
2) Academic and athletic excellence, importance of tradition, excellence as a reflection of the university
3) "Real student, real athlete, real success" video
4) Athletes learn important skills like personal development, time management, how to deal with wins and losses, working with a team, commitment
5) Workshops and leadership training, preparing athletes for the future, skills employers look for; very student-centered which is in line with university goals
6) School spirit: unites colleges and community
7) Branding: many people don't know about UCSD or our reputation, athletics gives us the opportunity to gain recognition on a regional/national level
8) Want to be increasingly community service oriented, athletes have contributed 10k hours; IMPACT program sends athletes to underprivileged schools to teach nutrition
9) Community outreach and engagement: conferences, receptions with alumni
10) Connection to athletics and university extends years after grad, heightened passion
11) Research projects SSF goes to management salaries
12) Athletes used to each get $500 scholarships, but now each team gets a set amount to distribute as they see fit
13) Facility developments such as a new baseball clubhouse and exercise facility
14) Q&A
   a) Sylvia: How many students are getting scholarships?
      i) $300k total, now about 50% of athletes are getting a more meaningful amount, contribute to diversity
   b) Mukanth: How are athletes recruited?
      i) Traditional, coaches scout at high schools and training camps.
   c) Mukanth: Show video at orientation?
      i) Shown at triton power hour during welcome week, Student Service Fee-funded event
   d) Ivan: thoughts on D1?
      i) Strive for excellence, no commonality with other teams so it would be ideal to compete against other UCs in D1, we're at 2500 athletes but D1 usually has 5k

Adjournment

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