

# Student Fee Advisory Committee

## Meeting Minutes

Winter 2021 Week 10, 3/11/21

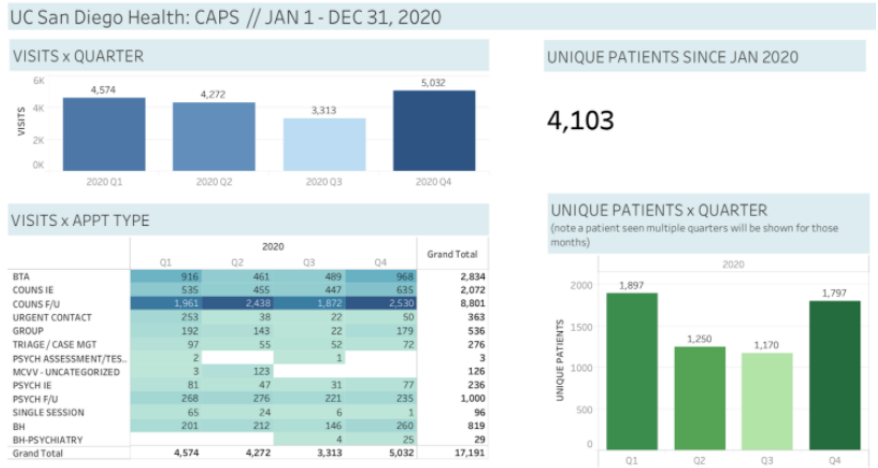
Fridays, 2:00-4:00 P.M.

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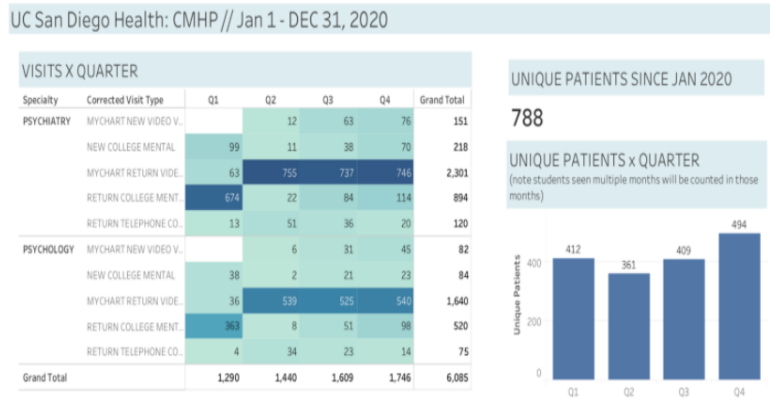
1. Call to Order
  - a. 2:05PM
2. Roll Call
  - a. Arbi Leka, Courtney Chan\*, Ilmaa Haque, Chase Hickey\*, Miranda Junn\*, An Vu\*, Stephanie Eisenberg\*, Jacqueline Lee\*, Ariana Lopez\*, Becca Rose\*, Jean Hanna\*, Miguel Carias, Sam Horio, Ben Du, Athena Tiet\*, John Hughes, Lakshmi Chilukuri\*, Margaret Ramaeker\*, Norienne Saign
  - b. Excused: Serena Chang, Jason Jennings, Liz Henry\*
  - c. Unexcused: Nick Butler
  - d. \* = voting members (where the chair may vote in a tie), voting members present =
3. Approval of Minutes
  - a. [Week 8](#)
    - i. Motion by Chase Hickey, seconded by Miranda Junn
      1. Approve: 12
      2. Reject: 0
      3. Abstain: 0
4. New Business
  - a. Presentations
    - i. SANS - CAPS
      1. Background:
        - a. Began in 1967 - provides psychotherapy/counseling sessions at an individual, couples, groups, and family consultation level
        - b. Consists of: psychiatric evaluations and medication management, urgent care, referrals, preventive psycho-educational outreach, consultations, postventions, post-doctoral residency training, peer education, research, accreditation/peer review and quality improvement, and credentialing and privileging for all mental health providers
      2. Initiatives
        - a. Outreach Director and Preventive Psycho-Educational Programming
        - b. Collaboration with Sensitive Issues Responding Team (SIRT)

- c. Collaboration with FSAP, Campus Police, SA Case Managers, and UCSD Health Behavioral Threat Assessment Team
  - d. Dashboards for Transparency and Accountability
  - e. Students Gift - \$250,000
  - f. Expanded Mental Health Access - to serve international students, mindfulness online, referral management software, and language interpretation support
3. Visit types from Jan 1 - Dec 30 2020
- a. Brief Telephone Assessment (BTA) - Entry point to access students' need & determine appropriate care for students
    - i. Workshops for skill building, iFlourish App, Initial Evaluation
    - ii. Referrals for medication/management or to specialists for services outside of CAPS' scope (such as services for long-term mental illnesses)
  - b. Counseling Initial Evaluation - Mental Health Provider starts the counseling session
    - i. Clinician gathers information to create the best plan for the student
  - c. Counseling Follow-Up - Ongoing in-house counseling following a Focus Intermittent Model
  - d. Urgent Contact - Crisis & urgent care, same day services
    - i. Mental Health Providers and Clinicians engage in after hours
  - e. Group Psychotherapy - Psychological Group Treatment
    - i. Year-long or quarterly long with a specific focus
  - f. Triage/Case Management - Urgent care format to assess immediate need (276)
    - i. Addresses issues and receives support from case management
  - g. Psychological Assessment/Treatment - Psychological testing (3)
  - h. Uncategorized - Interventions that do not fall in a clear category (126)
  - i. Psychiatry Initial Evaluation - Appointment with psychiatrist to evaluate and assess for psychiatric need / medication (236)
  - j. Psychiatry Follow-Up - Monitoring and management (1,000)

- k. Single Session - Consultation for a more immediate/time sensitive need (96)
4. CAPS patient visits



- a.
- b. CAPS College Mental Health Programs (CMHP)



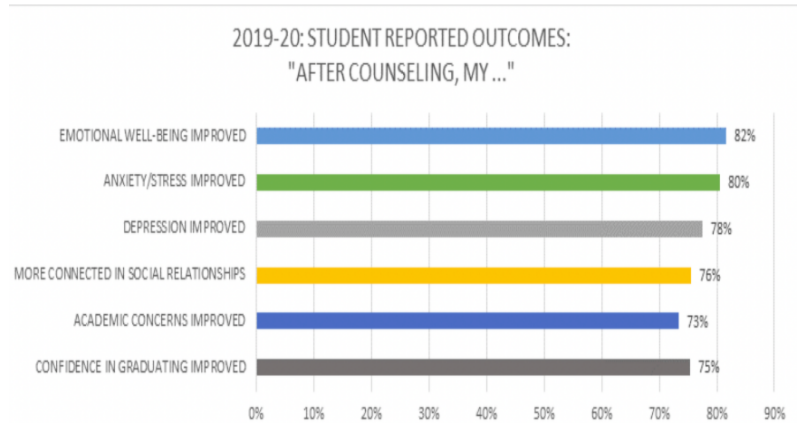
- i.
- c. CAPS budget breakdown

	\$6,368,067 - SSF	\$134,952 OTHER	\$6,503,019 TOTAL
Counseling and Psychological Services			
CAPS Operations	\$275,436	\$134,952	\$410,388
CAPS Staffing	\$6,092,631		\$6,092,631
FTE:	43.40		43.40
CAPS Directors	1.00		
Front Desk Operations and Directors Adm.	3.00		
Behavioral Counseling Managers/Supervisors	5.00		
Psychiatrist	2.40		
Clinical Social Workers	4.00		
Counseling Psychologist	21.00		
Post-Doctoral Residents	7.00		

- i.
- d. CAPS outreach

		TYPES OF OUTREACH
Outreach Events Fall 20	306	
Consult Events Fall 20:	220	Daily Drop in Workshops
Outreach Events Summer 20:	112	Let's Talk
Consult Events Summer 20:	163	Community Open Forums
		Presentation/Workshops
<b>Total number of outreach attendees:</b>		Postvention/debriefing/campus disruption
Summer 20	6259	Athlete scholars mental health screening
Fall 20	3670	Campus event/visibility
<b>* Summer 20 attendees does not include attendees from approx. 10,000</b>		Town Hall
		Pre-forum meeting/screening
		Meet and greet campus partners
		MH outreach virtual screening
		Tabling/tabling events
		Providing Trainings

- i.
- e. CAPS outcomes



- i.
- f. Questions
  - i. What is the breakdown of the staff to student ratio?
    1. CAPS current ratio is 1:1,247. Goal is to reach the 1:1,000 ratio with support from the mental health fee referendum to hire additional staff. For a student body of 38,646 students there are 31 mental health providers, which include counseling psychologists and licensed social workers. When we reach a student population of 40,000 CAPS will need 40 mental health providers. CAPS is dynamically recruiting and posting new positions. We hope to reach the ratio by 2021-2022.
  - ii. Are the psychiatry appointments with psychiatrists or are there other providers who are qualified to provide psychiatric care?

1. Initial appointments for medication evaluation are done with psychiatrists. When condition is stabilized and only requires standard monitoring and medication management, the student could be followed up by medical provider at SHS. Student must be stable and require single medication for non-complex nor complicated condition.
- iii. Can you provide any data on student reported needs that are not being met?
  1. Access to individual sessions, initial and follow up appointments, continues to be a challenge. Although students in need of urgent care can be seen the same day and we have access for BTA and Single Sessions, for individual counseling the wait is at current time from two to three weeks. Thanks to the Student Mental Health Fee Referendum, CAPS is in a fast track to hire ten new mental health providers, nine counseling psychologists and one Licensed Clinical Social Worker. By the Fall Quarter, 2021, CAPS expects to be fully staffed and meet the ratio of 1:1,000 staff to student ratio. Currently we are staffed at the level of a student population of 30,000, when actuality the demand is at the level of 40,000 students.
- iv. What plans are being met to address any student needs?
  1. CAPS is also in an ongoing manner envisioning, designing, and bringing on new forms of intervention ranging from the student centered individual level to the student centered population level of services, including technological based available resources.
- v. For a psychiatry appointment, how is a student referred?

1. For a psychiatry appointment, if it is within CAPS and with a CAPS psychiatrist, a student may be referred after a BTA. The student must be simultaneously in treatment with a psychologist at CAPS for case management and coherence of treatment. For students that are referred out, it depends on the type the insurance the student holds. If it is the UCOP SHIP, the student must be referred by CAPS or SHS. Referral needs to be renewed in annual basis. If student has a different insurance, they follow their insurance specifications, which might include scheduling directly with a psychiatrist among a list of providers in the community. The referral does not need to follow a psychologist appointment nor an intake assessment. If evaluation during BTA suggests that a student would benefit from need long term treatment, then such referral is supported from there. Case Managers at CAPS provide support and assistance to connect student with community providers.

g. Score

- i. B: 9.3
- ii. D: 8.5
- iii. V: 8

ii. Fantastic Five - CSI

1. Art Power Scores

- a. Public Events (B: 4.5, D: 4.8, V: 5.2), Student Engagement Programs (B: 5.5, D: 6.25, V: 6.125), Box Office (B: 5.875, D: 3.2, V: 5.1)

2. CSI Introduction

- a. Center for Student Involvement
- b. Provide lots of opportunities for student to get involved within campus. Regulate registered orgs, Sorority/Fraternity Life, Community Service, and Communication and Leadership programs. Have many virtual resources for students to still get involved. Want to

help students enrich their college experience by getting involved and finding community

3. Communication and Leadership

- a. Programs for students to gain leadership experience and develop communication/leadership skills. Many programs offered, not all are listed
  - i. iLead- 4000 workshop attendees
  - ii. Seminars, Custom Workshops
  - iii. Triton Community Leadership Institute (TCLI)- First Generation Students
  - iv. New Black Voices Initiative
    - 1. Ally-ship resources , Connect other Black students
  - v. Dialogue Programs
    - 1. Partnership with National Conflict Resolution Center. 23 circles, 442 participants (2019-2020) and similar engagement for this year. These programs prove to be beneficial for students
      - a. Shown through Pre/Post Assessments of Learning Outcomes
- b. 2.5 FTE, 28 student employees, 10 Dialogue Ambassadors, 4 Student Assistants
  - i. Do not have permanent funding, have temporary funds for next year
  - ii. Requesting of the future
- c. B: 5.125, D: 6.5, V: 6

4. Community Service

- a. Average 2000-3000 students volunteer annually , Programs- 3.5 FTE, 1 student employee
- b. Justice Corps, Education Corps
  - i. Tutor/mentor at local K-12 schools
  - ii. COVID-New partnership with San Diego Unified on Black Students Matter initiative
- c. Community Health Projects, Public health related projects caused by COVID-19, Learn and Serve
  - i. MLK Day of Service (Week of Service)
    - 1. Community engagement opportunity , 240 Students participated this year
- d. Community Service Transportation

- i. 2000 round trip rides a year to local nonprofits
  - e. Virtual programs: Sunshine for Seniors, Triton Translators, Changemaker- CCR Designation, Changemaker week, Changemaker 101 trainings, Spring Break Service Projects
  - f. B: 6.5, D: 5.5, V: 5.625
- 5. Sorority and Fraternity Life
  - a. Advising for 2500 students, 4 councils, 46 chapters
  - b. Virtual programming: Recruitment, retreats, roundtable discussions, officer trainings
  - c. EDI Peer Ambassadors- students to develop workshops for chapter meetings
    - i. Average 3700 participants in workshops a quarter. EDI, Social justice, bystander intervention
    - ii. Finalizing 5 Year Strategic Plan
    - iii. See improvement in learning outcome from students after training
    - iv. Ambassadors are member of Greek life
  - d. NPHC Expansion Plan for historically Black fraternities/sororities
  - e. Fall 2020 Membership: 2050
  - f. 2 FTE, 1 student employee, 10 EDI Peer Ambassadors
  - g. Expressed need for more funding
  - h. B: 4.25, D: 5, V: 4.875
- 6. Student Organizations and Events
  - a. 3.5 FTE, 16 student employees. Had 503 student orgs register this year (Last year has 585). Reduced principle member requirement from 4 to 3
  - b. Provide support and advisement to these registered orgs
    - i. Event planning, Budget planning, University policies etc.
    - ii. Advisors assist in over 2500 events annually, About 880 events this year
    - iii.  $\frac{2}{3}$  students participate in orgs
  - c. Drop in advising, Virtual fairs, Workshops, videos, podcasts to build community during this time
  - d. B: 7.375, D: 6.125, V: 6.625
- 7. Meeting Questions
  - a. What does SFAC fund?
    - i. All professional staff are funded through SFAC





- iii. Undergraduate Research Scholarships
  - c. Breadth (1.4)
    - i.  $150/15,000 = 1\%$
    - ii. Numerator: 130-150 “over previous years” not 2019-2020 year, Denominator: 50% of undergraduate population
    - iii. Freshmen are not eligible for most programs
    - iv. Most programs have additional parameters for groups they serve
  - d. Depth (7.9)
    - i. Programs offer resume opportunities, stipends, professional development for students
    - ii. Focuses on underrepresented groups
    - iii. 16% McNair graduates are getting PhDs (2nd highest percent in country)
    - iv. Can affect the trajectory of student’s careers
  - e. Value (2.2)
    - i.  $289k/150 \text{ students} = \$2064/\text{student}$
- 5. Undergraduate Conferences
  - a. Staff: 0 dedicated FTE, whole staff support, Budget: \$96,000 (\$39,000 SSF), Students Served: 1,500 (all time)
  - b. Goals: Host conference spaces that provide a space for undergraduates to present research findings at conferences, Most are open to all UCSD undergraduates
  - c. Breadth (2)
    - i.  $700/30k = 2.3\%$
    - ii. Numerator: 700 students
    - iii. 321 presenters in 2020
    - iv. Temporary dip due to COVID
    - v. Denominator: all undergraduate students
  - d. Depth (7.7)
    - i. Direct career development
    - ii. High impact on graduate school education, research applications, academia, etc.
    - iii. Value (9)
    - iv.  $39k / 700 \text{ students} = \$56/\text{student}$
- 6. Student Support Programs
  - a. Staff: whole staff, Budget: \$19,000 (all SSF), Students Served: 400 (all years)

- b. Goal: Support students in the application process for research scholarships through professional development aid, opportunity outreach, Allows students the opportunity to create their own programs, Scholarships: National Competitive Scholarship: 13 recipients, Undergraduate Library Research Prize: 4 recipients
- c. Breadth (1)
  - i.  $200 / 21,300 = < 1\%$
  - ii. 200 students who use the service
  - iii. 21,300 undergraduate students, not including international students
- d. Depth (5.7)
  - i. Share scholarship opportunities that students might otherwise not know about
  - ii. Directly support students in the application process
- e. Value (4.4)
  - i.  $\$19,000 /$  (anywhere from 13-200 students)

7. Externally Funded Research Programs

- a. Staff: 1.75 FTE for McNair, 1 FTE for TRELS, whole staff for other programs, Budget: \$417,212 (\$136,000 SSF), Students Served: 600 (all time), 286 (2019)
- b. Goals: Provide administrative support through funding staff for scholarships and research programs, McNair - 16% go on to get PhD's, Genentech, Semiconductor Research Scholars, TRELS, Undergraduate Research Scholarships
- c. Faculty Mentor Program is directly funded
- d. Breadth (1.1)
  - i.  $286/21,300 = <1\%$
  - ii. Numerator: 286 students enrolled in all programs
  - iii. Denominator: 21,300 undergraduate students, not including international students
- e. Depth (6.2)
  - i. Provides research opportunities for students
  - ii. Summer research programs correlated with increases in graduate school enrollment among minority students
  - iii. Admin support is essential to carry out programs
  - iv. Mentor program is the only directly-funded program
- f. Value (5)

- i.  $\$136k/286 = \$475/\text{student}$
- 8. Undergraduate Student Support: National Action Council for Minorities in Engineering
  - a. Staff: Whole staff, Budget: \$60,000 (\$30,000 SSF), Students Served: 25 (2019-2020)
  - b. Goals: NACME provides a \$2500 scholarship as part of their financial aid packages to award talented students enrolled in engineering programs participating in: National Society for Black Engineers (NSBE), Society for Hispanic Professional Engineers (SHPE), American Indian Science and Engineering Society (AISES)
  - c. Breadth (2)
    - i.  $25/1,192 = 2.1\%$
    - ii. Numerator: 25 NACME scholarship recipients
    - iii. Denominator: 1,192 students in listed organizations
  - d. Depth (8.2)
    - i. SSF goes directly to student through financial support for research related activities, conference travel, registration fees, and standardized test fee reimbursement
    - ii. Scholarship of \$2500 / student
  - e. Value (4.3)
    - i.  $\$30k/25 = \$1200/\text{student}$
- 9. AEP Overall
  - a. Undergraduate Research Programs
    - i. \$289,022 SSF
    - ii. 150 students
  - b. Undergraduate Conferences
    - i. \$39,000 SSF
    - ii. 700 students
  - c. Student Support Programs
    - i. \$19,000 SSF
    - ii. 200 students
  - d. Externally funded Research programs
    - i. \$136,000
    - ii. 286 students
  - e. Undergraduate Student Support: National Action Council for Minorities in Engineering (NACME)
    - i. \$30,000 SSF
    - ii. 25 students

10. Questions?

- a. Lakshmi: updated TRELIS number? Contact Tyler Rogers
- b. Arbi: NACME scholars, do they have locations in SD or UCSD or is UCSD the middle man between the national organization?
  - i. UCSD chapters

5. Announcements

- a. Student Priority List and Scores First Draft
  - i. Organized by cluster and unit within cluster and subunit within cluster
  - ii. How do we feel about the colors?
  - iii. See the averages (some bigger than others)
  - iv. “Outstanding” units per subcommittee team
    - 1. Couldn't find the scores in the presentation scheduling form or google form
  - v. We want a bell shaped curve, which we do have. Most programs are average. There is a weird dip but I think that's ok
  - vi. Standard deviation is a bit high (6 instead of 5). Maybe some programs should be lower? The scores also have not been standardized
  - vii. Unit vs. Score spreadsheet. Currently SLS has the highest score and FM has the lowest
  - viii. If there are any scores you feel are too high/low, feel free to mark that off.
- b. New member alert! Hanchen (Henry). 5th year double major, is excited to be here, he'd be an apple (classic)

6. Adjournment

- a. 3:27pm